

P'taah: Creating Your Room

So, let us discuss this idea of creating an interior space, a place of great creativity and power, that each of you may utilise in your day to day reality.

We have spoken so many times about the fact that everything exists in the non-physical before it manifests into a physical reality, and this includes whatever situations that you find yourself in with other peoples, and perhaps confrontations of various kinds that you find with other peoples. So we are talking about this physical reality as well, although the confrontation may not be physical at all.

So, we have spoken to you about creating a space that you can retreat to, to do many things: to rest, to restore yourselves, for great repose, to explore other dimensional realities, to bask in beauty, beauty that you create, whether it is in a room or a garden, or whatever it is that you want to create in this interior space.

It is a place for you to retreat to, and a place of great empowerment. A place where you may meet your soul. A place where you may voyage to other dimensional realities, to explore your earth, and to bring forth peoples to talk to heart to heart, to solve, to find solution to any situation that you may find yourself in in your day to day reality.

All right, so what we would do is to, first of all ask you to be still and quiet, to allow your body to relax, to use deep, even breathing, so that you quiet your body and quiet your mind, so that your brain is creating alpha brainwaves. Now this state of being is likened unto a hypnogogic state, it is a place of great and powerful creativity.

Then we would usually lead you through, in this meditative state, perhaps through a wood, through a forest, to a place where you may see a little building with an elevator and we would lead you from the elevator down through levels of being-ness, levels of brainwaves, levels of consciousness.

Now for many peoples they find it very confining to imagine themselves in an elevator, or imagining themselves underground, and so for these peoples we would say, just simply imagine yourself in a very peaceful and beautiful place, and imagine a pathway, and the pathway leads you to a house, and when you enter the house you are entering in to your very own space that nobody else can enter unless you invite them.

Now, we ask you to take time to look around this beautiful building, it can be however you desire it, and whatever you can imagine to be the most beautiful. If you had the time, the money, the wherewithal to create the most beautiful place in the world that is what we desire for you to create for yourself. You can have whatever you want in this beautiful place.

So start out with one room, and really look at this room and imagine the walls, the paintings, the flowers, the carpets, the furniture, anything that is beautiful for you. So be very meticulous about how you plan your room.

You may have a beautiful garden that leads from this room, a garden where you may spend time, it can have a little stream or a fountain, beautiful flowers, beautiful trees, whatever it is that is beautiful in your mind for gardens, this is what you can create for yourself.

You can create another room which you can use to invite peoples in to talk with them. So you would create a room that is perhaps very comfortable to invite peoples to come and sit, or it



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can be likened unto what you would term a board room, it can be very official if you want. It can be a very simple room if you want, to invite other people in to.

We would also suggest that you create a crystalline doorway. Now this is a very special doorway because it is an inter-dimensional gateway, so when you are standing in your room and you look through this crystalline portal, all you would see is a kind of silvery mist, until you step in to it and decide where it is you want to go.

Now, you could go in to a probable future, you could go in to past – past lives or simply past time in your perceived world. You can go inter-dimensionally, you could go to explore outer space, you could explore under oceans, you could explore the inner earth, you are not limited. The only limitation here in this whole operation is your own imagination.

Now, also in this beautiful room, you may invite your soul essence to come forward, to nurture you, to speak to you, to give you a message, to give you advice, simply to love you, you know, there is no limit.

Now, if you have some kind of confrontation with somebody, or some issue that seems that you are frightened that you cannot solve, or frightened of an outcome, or the desire for a just and honourable solution to whatever is occurring in your day to day reality, then what you would do is to invite the participants to join you in your room. So you would imagine that they come through the doorway, that they would sit with you, and you would speak to them from your heart. You would speak with honour, you would speak with respect, you would speak with love, and you would say what is in your heart, and what you desire as a just and honourable outcome.

You could simply explain yourself and your desire, for instance, if you are looking for a job and you have an interview, you would explain to your interviewer who you are, and that you desire to do this work, that you would do your best, that you believe that you have the talent for the work, etcetera etcetera, whatever it is that is in your heart, you would describe this. And then you would thank the participants for joining you, and thank them for the truly happy outcome, and they would leave, and you will find that this is so powerful that it will alter whatever it was that you were hoping for.

So, as we say, the only limitation, either in creating the room and what you do with it, is you. There are no shoulds about it, and most importantly, you cannot get it wrong. This is a most powerful tool but, like every other tool, it only works if you use it.

And we urge you to utilise this space because we promise you that it is most powerful, and also can be great fun for you, a great time to explore, a great time to rest and relax, a great time to re-connect with your soul essence, and whatever you desire to do you may do so in the safety of this room. And when you go through your portal exploring in other realms, know that you are always safe, know that nothing can harm you, and that you may return to your room simply by the thought of it.

And we say again, you cannot get it wrong. There are no shoulds about this, this is your game you may play it as you wish.

